

Appl. No. 10/810,347

Amdt. dated July 11, 2007

Reply to Office action of April 11, 2007

Appl. No.	:	10/810,347
Applicant	:	Terry Pullaro
Filed	:	March 26, 2004
Title	:	SPORTS TRAINING AND CONDITIONING DEVICE
TC/A.U.	:	3711
Examiner	:	Alvin A Hunter
Conf. No.	:	8229
Docket No.	:	PULT 9283US

Mail Stop AF

Commissioner for Patents

PO Box 1450

Alexandria, VA 22313-1450

#### AMENDMENT C

Sir:

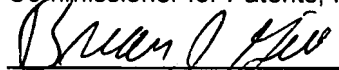
The office action of April 11, 2007 has been received and in response thereto the above entitled application is amended as follows:

**Amendments to the Claims** are reflected in the listing of claims which begins on page 3 of this paper.

**Remarks/Arguments** begin on page 5 of this paper.

#### CERTIFICATE OF MAILING

I hereby certify that this correspondence is being deposited via Express Mail, EV 869441826US with the United States Postal Service with sufficient postage in an envelope addressed to Mail Stop AF, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450 on July 11, 2007.

  
Brian J. Gill, Reg. No. 46,727

7/11/07  
Date of Signature